COMMUNITY RESOURCES

United Way focuses on advancing the common good.

United Way of Utah County Information & Referral connects the community to health and human service resources. Knowledgeable specialists assess individuals' needs and make appropriate referrals. United Way advances the common good by empowering individuals to find the help they need.

ABUSE, NEGLECT & SEXUAL ASSAULT

Center for Women & Children in Crisis is a temporary shelter for women and their children who are seeking independence from domestic violence. The center also provides 24-hour service for victims of domestic violence and rape......801-377-5500 Children's Justice Center provides support services in a homelike facility for children who have experienced significant physical or sexual abuse.....801-851-8554 Family Support & Treatment Center offers child abuse prevention, therapy and a crisis nursery.....801-229-1181 Intermountain Specialized Abuse Treatment (ISAT) Center offers counseling for victims and perpetrators. Sliding scale or insurance accepted......801-373-0210 Adult Protective Services helps prevent or stop abuse, neglect and exploitation of vulnerable adults.....800-371-7897 **Provo Police Department** provides Spanish-speaking therapy groups and services to domestic violence victims......801-852-6375

Victim's Advocate Program assists victims of violent crimes with securing protective orders, reparations and other support.

Alpine/Highland	801-756-9800
American Fork	
Lehi	801-766-5800
Orem	801-229-7128
Pleasant Grove	801-785-3506
Provo	801-852-6375
South Utah County	801-465-5224
Springville/Mapleton	801-489-9421
Utah County Sherriff's Office	801-851-8364
Wasatch County	435-657-3300

COUNSELING

BYU Comprehensive Clinic provides family, marriage and individual counseling at a sliding-scale rate.....801-422-7759 Family Support & Treatment Center provides therapy and support groups for victims of child abuse and domestic violence......801-229-1181 **Heber Valley Counseling** provides substance abuse treatment and general counseling at a sliding-scale rate...435-654-1618 LDS Family Services provides counseling and counsels families, spouses, children and individuals801-422-7620

Wasatch Mental Health provides intake, group and individual therapy for mental illnesses and offers referrals to other mental illness facilities....801-373-4760

CRISIS INTERVENTION

Center for Women & Children in Crisis provides a 24-hour hotline for victims of rape and domestic violence 801-377-5500 Crisis Line of Utah County is a 24-hour hotline that helps callers in crisis and gives emergency referrals...801-226-4433 Wasatch Mental Health provides a 24-hour intake and assessment for callers in crisis......801-373-7393 Vantage Point mediates parent/child conflict between youth ages 12-18 and their families......801-373-2215

EDUCATIONAL SERVICES FOR ADULTS

English for Speakers of Other Languages (ESOL) teaches English language skills in Provo......801-374-4904 Family Literacy Center offers literacy support for parents and children in Utah County......801-426-9970 Mountainland Applied Technology College provides short-term technical training and classes......801-492-6282 **Mountainland Regional Learning Center** provides resources for earning GED and/or high school diploma.....801-863-7613 **Nebo School District Adult Education** provides resources for earning a GED and/or high school diploma 801-798-4093 Project Read tutors functioning non-literate adults in basic literacy skills......801-852-6654 **Provo School District Adult Education** provides resources for earning a GED and/or high school diploma 801-374-4840

EMPLOYMENT SERVICES

Department of Workforce Services provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps • American Fork......801-492-4500

• Provo	801-342-2600
• Spanish Fork	801-794-6600
LDS Employment Center assists with job referral, training and	
rehabilitative placement	801-818-6161
Turning Point offers classes and training for people	
re-entering the workplace	801-863-7580

FINANCIAL ASSISTANCE

Community Action assists with temporary financial, food and sheltering services for families......801-373-8200



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United Way

Department of Workforce Services provides employment help, training and general application for welfare,	Parent Education Resource Centers (PERC) facilitates educational materials for parents and children801-229-7390
unemployment, Medicaid, WIC and food stamps	Welcome Baby provides informational home visits for first-time
• American Fork801-492-4500	parents801-691-5304
• Provo801-342-2600	Help Me Grow provides a parent and community information
• Spanish Fork801-794-6600	line for support in general child development801-691-5626
Office of Recovery Services helps collect child support and	
alimony801-536-8500	SHELTERING & HOUSING SERVICES
,	Community Action provides temporary sheltering service and
FOOD ASSISTANCE	housing counseling for families801-373-8200
Community Action Food Bank supplies food for families in	Food and Care Coalition provides temporary sheltering
need801-373-8200	services for individuals801-373-1825
Department of Workforce Services facilitates food stamps	Housing Authority of Utah County provides affordable housing
• American Fork801-492-4500	for low-income families801-373-8333
• Provo801-342-2600	Housing Services of Utah Valley helps families with loan-to-
• Spanish Fork801-794-6600	own programs and down payments801-523-8082
Food and Care Coalition serves hot meals to individuals who	Neighborhood Housing Services of Provo provides loans for
are homeless, low income or transient801-373-1825	home improvement and home ownership and sponsors
Meals on Wheels delivers hot meals to homebound senior	beautification and crime prevention activities801-375-5820
citizens801-229-3802	Provo Housing Authority provides affordable housing for low-
Women, Infants and Children (WIC) offers nutritional	income families in Provo801-852-7080
counseling and food assistance for families801-851-7300	Weatherization provides basic overall weatherization. Both a
	waiting list and crisis applications are available 801-344-5184
HEALTH CARE	Carran Carran Carran
Children's Health Insurance Program (CHIP) provides	SENIOR CITIZEN SERVICES
children access to health care1-877-543-7669	American Red Cross facilitates a utilities assistance program
Community Health Connect connects low-income patients	for senior citizens and daily telephone support801-373-8580
with doctors and dentists willing to provide care on a	Area Agency on Aging provides in-home services and advocacy
charity basis 801-818-3015	for the elderly801-229-3800
Community Nursing Services offers hospice and home	Community Action Services facilitates outreach and in-home
health services801-224-8138	referrals for senior citizens801-373-8200
Health Clinics of Utah provides primary care. Accepts	Senior Companion Program provides companionship and
Medicare, Medicaid, PCN and private pay801-374-7011	supportive services for senior citizens801-851-7767
Medicaid (national information line)800-662-9651	Adult Protective Services helps prevent or stop abuse, neglect
Medicare (national information line)800-MEDICARE	and exploitation of vulnerable adults800-371-7897
Mountainlands Community Health Center provides primary	SUBSTANCE ABUSE TREATMENT
medical and dental care for low-income and medically	Utah County Division of Substance Abuse provides services
under-served populations801-374-9660	for overcoming substance abuse801-851-7127
Primary Care Network provides health insurance for eligible	Gathering Place helps individuals and families overcome
low-income adults888-222-2542	substance abuse through outpatient treatment801-226-2255
RX Connect Prescription Help866-221-0265	Alcoholics Anonymous & Alanon helps alcoholics
Utah County Health Department provides immunizations,	and their families overcome alcoholism801-375-8620
wellness clinics and cancer screenings801-851-7000	Heber Valley Counseling provides drug and alcohol
Volunteer Care Clinic provides basic medical care to low-	treatment and counseling on a sliding scale435-654-1618
income individuals without insurance801-812-8094	
LEGAL SERVICES	DISABILITY SERVICES (MENTAL & PHYSICAL)
BYU Law Help provides clinics for immigrants as well as legal	Access Utah Network provides the most current and
advice and assistance without representation 801-422-3025	accurate referrals for disability issues800-333-8824
Utah Legal Services represents low-income individuals in	Division of Services for People with Disabilities promotes
domestic, civil and public issues800-662-4245	opportunities and family support801-374-7005
domestic, civit and public issues	Recreation and Habilitation Services (RAH!) provides
PARENTING AND FAMILY	recreational and social therapy801-374-8074
Child Care Resource & Referral provides classes for daycare	Rise, Inc. provides 24-hour residential care, respite care,
providers and referrals to daycare801-863-8220	family support and host homes801-373-1197
Mountainland Head Start provides education and resources	Tri Connections provides community living, support, job
for families with preschool-age children801-375-7981	placement and mental health services801-343-3900
Migrant Headstart Program provides a headstart program	
for migrant families and classes for parents801-754-0700	Revised September 2010
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